

Elmwood Nursing and Rehab Offers

- *24-Hour Skilled Nursing Care or Complex Nursing Treatment plus Long-Term Care*
- *Rehab Therapy: Physical, Occupational, and Speech Therapies*
- *Restorative Programs seven days a week at no cost to resident or family*
- *On-site Medical, Orthopedic, Optometry, and Podiatry services by staff physicians*
- *Nurse Practitioner on site two days a week*
- *Individualized Care Planning with resident and family to establish goals*
- *Medication Administered by Licensed Nurses, Wound Care Treatment*
- *IV Therapy—PICC, Port, Central, Midline care and management*
- *Post-Surgical Care, Catheter Care and Tracheostomy Care*
- *Oxygen Therapies*
- *Pain Management*
- *Hospice Care and Respite Care*
- *5-Star Dining—three tasty, nutritious meals plus three snacks per day*
- *Therapeutic Diets, Social Services and Aggressive Discharge Planning*
- *Housekeeping and Linen Services, Beauty Salon and Barber Services*
- *Daily Activity Programs for All Levels of Care*



Elmwood Nursing and Rehab

152 Wilma Drive
Maryville, IL 62062

(618) 344-7750
(618) 344-3520 fax

www.elmwoodnursingandrehab.com



Elmwood Nursing and Rehab provides a safe, nurturing, comfortable environment where our residents and fun, laughter, and opportunities to enjoy life. Our residents are treated with respect and dignity by highly-qualified, compassionate and exceptional staff.



There will be no discrimination for reason of race, color, disability, religion, age, sex or national origin. All employees and applicants will be treated in all respects on the basis of their merit and without regard to their race, color, disability, religion, age, sex or national origin, or membership or non-membership in any lawful organization. All personnel responsible for the supervision of employees or the hiring of new employees will be guided by this policy.



Elmwood
NURSING AND
REHABILITATION CENTER

DEDICATED TO MAKING A
Positive & Caring Difference Everyday

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Welcome to Elmwood Nursing and Rehab

Our commitment to our residents is unlimited and we're dedicated to making a positive, caring difference every day in the lives of our residents and their families. We practice this simple philosophy whether your loved one is with us for short-term rehab, as a long-term resident or as a respite patient. We offer a continuum of care, patient-centered care for rehab to home, to skilled care as well as Alzheimer's/Dementia care. Licensed as a Medicare/Medicaid approved facility, we also honor various insurance providers.

We are a privately-owned skilled nursing facility offering 24-hour professional medical care and support services for our residents. At Elmwood Nursing and Rehab you will experience the comforts of home in a family atmosphere. We offer clean, cozy rooms you can decorate just like you would at home. Our award-winning team of professionals is known in the community for the excellent care we provide to our residents.

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*Home is where love resides,
memories are created,
friends always belong,
and laughter never ends.*

”

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NURSING AND
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Long-Term Care

We offer a continuum of nursing care so that our long-term residents' changing needs are met on a daily basis. Elmwood Nursing and Rehab's staff is committed to meeting the physical, emotional, social and spiritual needs of our residents.

Daily activities help ensure active minds and bodies; social services provide ongoing support to our residents and their families. We support autonomy and allow our residents to be as independent as their health allows. Day rooms on each floor encourage residents to interact with one another.

Resident's meals are served in our dining room where they can choose from several entrée options. Special diets are provided to accommodate resident needs.

Residents are also able to bring their own furniture and decorate their rooms to make their environment more home-like.

Family, friends, and visitors are welcome to visit 24-hours a day.



Schedule your tour today.

Call **(618) 344-7750**

or visit www.elmwoodnursingandrehab.com

We Accept some Private Insurances, Medicare, and Medicaid.



INNOVATE
REHAB & WELLNESS

Innovate Rehab & Wellness

We believe in helping our residents achieve and maintain their best possible mobility. Our restorative therapy programs are free and are intended to help our residents achieve success in making the transition from daily intensive therapy to requiring less assistance. Innovate Rehab & Wellness offers three distinct rehabilitation services include speech, occupational and physical therapy with the goal to rehab back to the prior home environment. We take pride in our success stories which include individuals who have been able to return to a more independent setting, including returning to home. Our therapists encourage participation in personalized care plans to support and encourage individuals to reach their full potential. Our aggressive discharge planning ensures an individual has all the adaptive equipment, home modifications, and training to be successful once they return home.